



## COVID-19 Symptom Checklist

Please **DO NOT** enter our facilities (offices, classrooms, etc.) if you are experiencing any of the following symptoms:

- Fever (higher than 100°F or hot to the touch)
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness, weakness)
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

You may call our office instead and we will assist you. Thank you for helping to keep our community healthy.